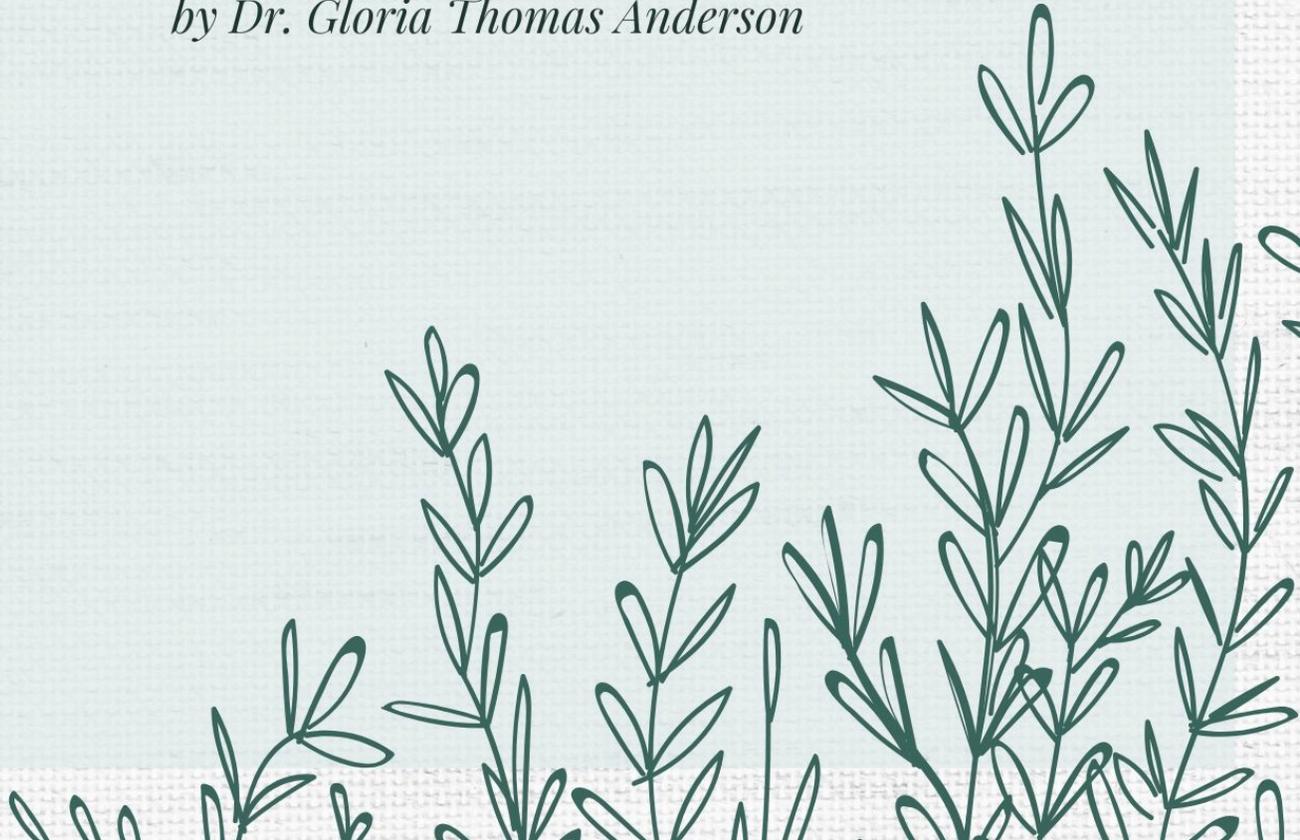




How to Speak *Life* to Yourself

THROUGH PERSONALIZED SCRIPTURAL
PRAYERS USING THE WORD OF GOD

by Dr. Gloria Thomas Anderson



Why *Personalize* the Word of God?

One of the reasons I often do this when praying Scriptural truths is it allows me to be an *active* participant in praying God's Word, speaking **TO** God, rather than talking **ABOUT** God.

For example, see the difference when reading this passage of Scripture:

New King James Version: Psalm 91:1-2

“**HE** who dwells in the secret place of the Most High shall abide under the shadow of the **Almighty**.

I will say of the LORD, “**He** is my refuge and my fortress; My God, in **Him** I will trust.”

Personalized NKJ Version: Psalm 91:1-2

“**I** dwell in the secret place of the Most High and abide under the shadow of the **Almighty**.”

“I will say of the LORD, “**YOU** are my Refuge and my Fortress; My God, in **YOU** I will trust.”

When I place *myself* in the prayer, (in the first person, “I”, rather than third person, “he”), I am actively speaking **TO GOD**, rather than passively speaking **ABOUT GOD**. In other words, “*HE* who dwells in the secret place of the Most High is *ME!*” **I** dwell in the secret place of the Most High and **I** abide under the shadow of The Almighty. By speaking The **WORD** out loud as if it were written just for me, I find my recall of Scripture much stronger, especially when I am praising and worshipping God. When I personalize the Scripture in this way, I'm *claiming* the **WORD** and *receiving* the truth of The **WORD** in my inner self (my soul and my spirit).

Personalized prayers are not new at all! In fact, many of the Psalms are personalized prayers speaking directly **TO God**. For example, Psalm 138 in its entirety is a Psalm of David where he is praising The LORD for His Goodness to the Faithful. It is a *Personalized Prayer!* David's praise is directly **TO God**. It's in the first person. Here's the first three verses of Psalm 138:

“I WILL praise You with my whole heart; Before the gods I will sing praises to You. I will worship toward Your holy temple, and praise Your name for Your lovingkindness and Your truth; **For You have magnified Your word above all Your name**. In the day when I cried out, You answered me, and made me bold with strength in my soul.”

The Word tells us in verse 2 of Psalm 138, that **GOD** has magnified **HIS WORD** above **HIS NAME**. When I pray **GOD'S WORD** as if it applies directly to me (and it does apply to *all* believers), I am speaking **LIFE**—and I'm also speaking **HIS WORD, which is LIFE**, to myself and others!

There's no better time than right now to speak **TO GOD** through **HIS WORD**. To help get you started, I have written a series of **SPEAK LIFE! Personalized Scriptural Prayers**, available at no cost, at www.hearttones.com. Visit the website to download your *free* copies today.

GOD'S waiting to commune with **you!**



A PROTECTION PRAYER

Disclaimer: This prayer is for personal edification to encourage your soul and strengthen your spirit. *Speak Life!* Personalized Scriptural Prayers allow you to be an *active* participant in praying God's Word by speaking TO GOD, rather than *passively* speaking ABOUT GOD. For a more detailed, Scripture-based explanation, please read the Handout, "How to Speak Life to Yourself through Personalized Prayers Using the Word of God", posted on the Heart Tones' website, www.hearttones.com, under the "Speak Life" tab.

How to Speak Life:

As you recite Psalm 91, envision yourself speaking *to* The LORD. See yourself and your loved ones safe from all hurt, harm, and danger as you dwell in the secret place of the Most High and abide under the shadow of the Almighty. "For He shall give His angels charge over you, to keep you in all your ways."(Psalm 91:11, NKJV)

PROTECTION PRAYER

Psalm 91

(AMP, personalized)

Safety of Abiding in the Presence of God

I dwell in the secret place of the Most High, therefore I shall remain stable and fixed under the shadow of the Almighty, Whose power no foe can withstand. I will say of the LORD, You are my Refuge and my Fortress, my GOD—I lean and rely on YOU GOD and in YOU I confidently trust!

You deliver me from the snare of the fowler and from the deadly pestilence. You cover me with Your feathers, and under Your Wings I take refuge; Your truth and Your faithfulness are a shield and buckler. I am not afraid of the terror by night, nor of the arrow that flies by day, nor of the pestilence that walks in darkness, nor of the destruction and sudden death that surprise and lay waste at noonday. A thousand may fall at my side, and ten thousand at my right hand, but it shall not come near me. Only with my eyes shall I look and see the reward of the wicked. Because I have made the LORD my Refuge, and the Most High my dwelling place, there shall no evil befall me, nor any plague or calamity come near my dwelling.

You have given Your angels charge over me to accompany, defend, and preserve me in all of my ways. They shall bear me up on their hands, lest I dash my foot against a stone. I shall tread upon the lion and adder; the young lion and the serpent I shall trample underfoot. Because I have set my love upon YOU, therefore you will deliver me; You will set me on high,



because I know and understand YOUR NAME (I have a personal knowledge of YOUR mercy, love, and kindness, and I trust and rely on YOU, knowing that YOU will never forsake me—no never! I am calling upon YOU, LORD, and YOU will answer me; YOU will be with me in trouble, YOU will deliver me and honor me. With long life YOU will satisfy me and show me YOUR salvation.



A WORSHIP PRAYER

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How to Speak Life:

As you recite Psalm 93, envision yourself speaking to The LORD. Declare His Majesty and Power! "But the hour is coming, and now is, when the true worshipers will worship the Father in spirit and truth; for the Father is seeking such to worship Him."(John 4:23, NKJV)

WORSHIP PRAYER

Psalm 93

(AMP, personalized)

The Eternal Reign of The LORD

LORD, YOU reign! YOU are clothed with majesty;
YOU are robed, and YOU have girded YOURSELF with strength and power;
the world also is established, that it cannot be moved.
YOUR throne is established from of old; YOU are from everlasting
The floods have lifted up, O LORD, the floods have lifted up their voice;
the floods lift up the roaring of their waves.
LORD, YOU are on high and mightier and more glorious than the noise of many
waters, yes, than the mighty breakers and waves of the sea.
Your testimonies are very sure; holiness [apparent in separation from sin, with
simple trust and hearty obedience] is becoming to YOUR house, O LORD, forever!



SPEAK LIFE! PERSONALIZED SCRIPTURAL PRAYERS

A “GIVING THANKS” PRAYER

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How to Speak Life:

As you recite Psalm 100, envision yourself speaking to The LORD. Rejoice as you enter into His gates with thanksgiving and into His courts with praise! “Oh, give thanks to the LORD, for He is good! For His mercy endures forever.”(Psalm 107:1, NKJV)

A “GIVING THANKS” PRAYER

Psalm 100

(AMP, personalized)

A Song of Praise for the LORDS’ Faithfulness to His People

A Psalm of Thanksgiving

MAKE a joyful shout to the LORD, all you lands!

LORD, WE serve YOU with gladness! We come before YOUR Presence with singing.
We know that YOU are THE LORD and YOU ARE GOD! It is YOU WHO has made us,
and not we ourselves; We are YOUR people and the sheep of YOUR pasture.
We enter into YOUR gates with thanksgiving and into YOUR courts with praise.
We are thankful to YOU and bless YOUR name. For YOU are good LORD;
Your mercy is everlasting. And Your truth endures to all generations!

Blessings to you,

Dr. Gloria





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